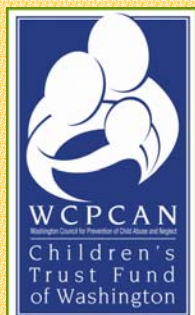


# Resource Update

May/June 2004



## Special Interest Articles:

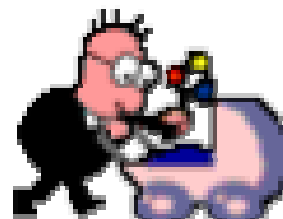
- Have a Plan Video Now Available
- Former WCPCAN Funded Program Named Washington State Social Work Agency of the Year
- Calling all Artists



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WA Council for Prevention of Child Abuse & Neglect (206)464-6151



## “Have a Plan” Video Now Available

As part of the Child Abuse Prevention Month activities during April, The Children’s Protection Program at Children’s Hospital and Regional Medical Center, WCPCAN, the Conscious Fathering Program, and DSHS released their new public service video designed to help new parents cope with the stress of a crying infant: “Have a Plan.”

This five-minute video addresses prevention of

Shaken Baby Syndrome in an upbeat and positive way.

Designed to appeal to parents and caregivers, the video helps them plan and prepare for their newborn’s sustained crying.

It features a real-life couple who share their thoughts, feelings and frustrations about what it’s like to be new parents. In sharing their feelings with the audience, the couple reinforces the importance of “having a

plan” to deal with the inevitable stress of caregiving.

Copies of the “Have a Plan” video are available in VHS/DVD formats for \$18. You can order by e-mail at [haveaplan@seattlechildrens.org](mailto:haveaplan@seattlechildrens.org).

You may preview the video for free on our website at: [www.wcpcan.wa.gov](http://www.wcpcan.wa.gov) and clicking on the “Have a Plan” video link on the right side of the page.

*Funding for this video was provided by the Leslie Fund.*

## Safe Harbor Crisis Nursery Named Washington State Social Work Agency of the Year

Congratulations to the Safe Harbor Crisis Nursery for earning the designation of Washington State Social Work Agency of the Year by the National Association of Social Workers.

Safe Harbor Crisis Nursery, located in Kennewick, Washington provides free emergency care for children birth through age 8 in the

Tri-City area and refers parents to community resources on an as needed basis to help them improve their situations.

Safe Harbor was recently recognized by Governor Locke, who in honor of their service to the community’s youngest citizens, proclaimed April 17, 2004

Safe Harbor Crisis Nursery Day in Washington State.

For more information about this agency, you may visit them online at [www.crisis-nursery.org](http://www.crisis-nursery.org) or call their business line at 509-374-4902.



## Calling all Artists



*The Heirloom Birth Certificate is an official document, suitable for framing, available to anyone born in Washington State, regardless of age.*

There is still time for artists to submit their proposals for the new **Washington State Heirloom Birth Certificate** project scheduled for introduction in winter 2004.

The new Heirloom Birth Certificate (HBC) will serve as an official birth document and is intended to be a beautiful, permanent keepsake for anyone

born in the state of Washington. It will reflect the child's name, date of birth, place of birth and parents' names. It is signed by the Governor and the State Registrar and will be printed in full color. It will carry the same legal status as the baby's original birth certificate.

We welcome Washington State artists of all generations and

backgrounds who are interested in exploring themes associated with Washington State and/or living in the Pacific Northwest to submit their proposals. Entries will be accepted from a variety of visual art forms including printmaking, illustration, and photography.

Application instructions are available on our website at

[www.wcpcan.wa.gov](http://www.wcpcan.wa.gov)

## Keep Kids Safe License Plate



Many thanks to those of you who have returned signature sheets supporting this proposal! We are now less than 100 signatures away from the required 2,000 signatures necessary to file a petition with the Department of Licensing! The proposed plate, with the motto, "Keep Kids Safe," is a reminder that every child deserves a childhood free from abuse and neglect in order to grow into a happy, healthy, thriving adult.

Proceeds from the special license plate sales will go to The Children's Trust Fund of Washington in support of the prevention of child abuse and neglect.

If you would like to be a part of this effort by signing or collecting signatures, information is available online at

[www.wcpcan.wa.gov](http://www.wcpcan.wa.gov).

For more information about the "Keep Kids Safe" specialty license plate campaign and where to return signature sheets,

please contact: **Bernie Dorsey (206) 799-7050** [bernie.dorsey@comcast.net](mailto:bernie.dorsey@comcast.net) or Denise Isings (253) 740-4838 at [krisosmom1@aol.com](mailto:krisosmom1@aol.com)

*The information acquired in the signature sheet will only be used to notify you when the license plates are available in Washington and is not a confirmation of order.*



## Conferences and Trainings

### ❖ Conferences

May 6<sup>th</sup> - 8<sup>th</sup> Portland, Oregon

**11<sup>th</sup> Annual “Building on Family Strengths” A National Conference on Research and Services in Support of Children and Their Families**

This conference showcases culturally competent, family-centered research and innovative programs and practices. Open to family, professionals and youth. For more information contact: Lyn Gordon (503) 725-4114 or [gordonl@pdx.edu](mailto:gordonl@pdx.edu) or register online at: [www.rtc.pdx.edu/pgConference.shtml](http://www.rtc.pdx.edu/pgConference.shtml).



May 12<sup>th</sup> – 15<sup>th</sup> Chicago, Illinois

**Family Support America’s 10<sup>th</sup> Biennial National Conference**

This conference is the premiere gathering of family support professionals, advocates, parent leaders and others who work to strengthen family support. For more information, and to register go to: [http://www.familysupportamerica.org/content/conf/conf\\_index.htm](http://www.familysupportamerica.org/content/conf/conf_index.htm).



May 16<sup>th</sup> – 19<sup>th</sup> Walt Disney World Resort, Florida

**Prevent Child Abuse America 2004 National Conference “Spreading the Magic of Prevention”**

For more information contact: Ann Johnson at [ajohnson@preventchildabuse.org](mailto:ajohnson@preventchildabuse.org) or Rebecca Loden at [rloden@preventchildabuse.org](mailto:rloden@preventchildabuse.org) or call (312) 663-3520.

June 9<sup>th</sup> – 10<sup>th</sup> Federal Way, WA

**Parenting-The Second Time Around**

This is a training workshop for Community Educators and Kinship Care Support Group Leaders. The Training will be held at the Dumas Bay Retreat Center in Federal Way. Lodging is available. Priority will be given to counties where no kinship support groups currently exist and to educators who want to provide workshops to Native Kinship Caregivers. The cost for meals, a single room the two-day training and manual for an individual sponsored by an agency is \$80, for an individual not affiliated with an agency, the cost is \$40. For more information contact: Hilari Hauptman at [hauptp@dshs.wa.gov](mailto:hauptp@dshs.wa.gov) or 1-800-422-3263.

June 22<sup>nd</sup> – 24<sup>th</sup> New York, NY

**17<sup>th</sup> Annual Bank Street College Infancy Institute “Infants, Toddlers, Families: Supporting Their Growth”**

Keynote Speaker: Michael Trout. His presentation is entitled: Early Social Experience, Adaptation and Resilience: What we are Learning from Infant Research. For more information go to: [www.bankstreet.edu](http://www.bankstreet.edu) and go to “Infancy Institute” under Special Interests & Programs or contact: (212)875-4728.

June 23<sup>rd</sup> – 25<sup>th</sup> Nashville, Tennessee

**5th National Conference on Child Sexual Abuse Prevention**

The Conference will present state-of-the-art prevention practices for a cross section of professionals in the field of child abuse. No registration fee will be charged and scholarships are available. For more information, go to: [www.nationalcac.org](http://www.nationalcac.org) or call Marilyn Grundy at (256) 327-3863.



June 7<sup>th</sup> – 9<sup>th</sup> Atlanta, Georgia

**National Fatherhood Initiative - 7<sup>th</sup> National Summit on Fatherhood**

[www.fatherhood.org/summit04home.htm](http://www.fatherhood.org/summit04home.htm).

June 23<sup>rd</sup> – 27<sup>th</sup> San Francisco, California

**Training Institutes 2004: Developing Local Systems of Care for Children and Adolescents with Emotional Disturbances and Their Families**

[www.georgetown.edu/research/gucdc/institutes.html](http://www.georgetown.edu/research/gucdc/institutes.html).



July 11<sup>th</sup> – 14<sup>th</sup> Portsmouth, New Hampshire

**Victimization of Children and Youth: An International Research Conference**

[www.unh.edu/frl/conference2003/index.html](http://www.unh.edu/frl/conference2003/index.html).

July 14<sup>th</sup> – 15<sup>th</sup> Baltimore, Maryland

**Putting the Pieces Together: 1<sup>st</sup> National Conference on Substance Abuse, Child Welfare and the Dependency Court**

[www.cffutures.com/National\\_Center/SavetheDate/SavetheDate.pdf](http://www.cffutures.com/National_Center/SavetheDate/SavetheDate.pdf).

August 4<sup>th</sup> – 7<sup>th</sup> Hollywood, CA

**The American Professional Society on the Abuse of Children 12<sup>th</sup> Annual Colloquium**

[www.apsac.org](http://www.apsac.org).

❖ **Trainings**

***Child Maltreatment and Mandated Reporting***

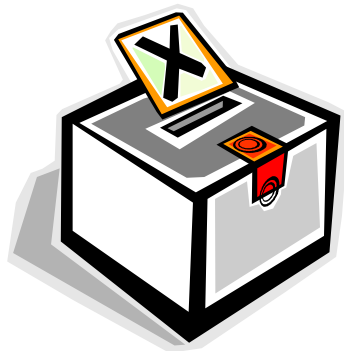
**A FREE Training for Professionals.** Topics included are definitions of child maltreatment, indicators of child maltreatment and mandated reporting requirements. This workshop is designed to invite discussion and lasts approximately 1.5 hours. The trainer will come to your King County site to provide the workshop and any group size is welcome. To schedule a presentation contact: Gayle Zeller at (425) 688-5130 or [gzeller@u.washington.edu](mailto:gzeller@u.washington.edu).

***How to Recruit, Retain, and Reward Volunteers (Full Day Seminar)***

May 7<sup>th</sup> Seattle

Learn how to get and keep volunteers with Dr. Bill Wittich, who is the author of seven outstanding books in the area of volunteer management. \$177/person. To register or for more information go to: [www.volunteerpro.com](http://www.volunteerpro.com) or call (916) 525-2485.

## Advocacy



***“5 million people in the helping professions are not registered to vote!”***

## Registered to Vote?

This year is a big election year and what happens in your program or to your funding may in part depend on who is in local, state and federal government decision making positions.

**5 million people in the helping professions are not registered to vote!**

We need to make sure that people who care about our issues represent us.

The first step is to make sure that you, your clients and your colleagues are registered to vote!

Sign-up is easy. Go to:

[http://www.secstate.wa.gov/elections/pdf/HAVA%20Web%20VR%201-](http://www.secstate.wa.gov/elections/pdf/HAVA%20Web%20VR%201-04.pdf)

[04.pdf](http://www.secstate.wa.gov/elections/pdf/HAVA%20Web%20VR%201-04.pdf) and sign up or print out the form and give it to people at your agency. Don't forget to register absentee!



## Evaluation Resources

### Tool for Measuring the Outcomes of Prevention Programs

In 2003-2004 a taskforce was pulled together to develop a measurement tool for the prevention field.

Now the tool needs to be field tested. This field test is critical in the development of a national outcome evaluation instrument.

We need to be able to *show* that family support programs work. Your participation in this field test can make that happen.

The field test site will need to administer a brief survey to parent participants, enter data into a simple spreadsheet and report their experience using the survey during a telephone interview.

Data must be collected prior to July 31<sup>st</sup>.

**Please participate if you can!**  
For more information contact Cassandra Wade at (360) 769-7167 or (360) 271-9651.



## Sustainability and Resource Opportunities



### State Assistance for Capital Campaigns

The Community Services Facilities Account (contained in the state capital budget) may fund up to 25% of eligible capital project costs with a maximum award of \$400,000 to any one project.

Projects must be for non-residential, community-based social services (including administration).

Assistance with remodeling and new construction projects will both be considered.

Applications are due May 28<sup>th</sup> at 5 pm.

**The deadline is strictly enforced.**

Priority is traditionally given to projects that will start or continue expending their award in the same calendar year in which it is provided (spring of 2005) and that will use the state money as the last dollars in to complete the project in question.

To receive an application or for more information email: [capprograms@cted.wa.gov](mailto:capprograms@cted.wa.gov) or go to [www.cted.wa.gov](http://www.cted.wa.gov) and click Local Government then Community Development Programs/Capital Programs/Community Services Facilities (CSF) Program links.

Two free workshops are available for prospective applicants: May 4<sup>th</sup>, 1:30–3:30 pm at the Red Lion Hotel (206) 762-0300 and May 7<sup>th</sup>, 1:30-3:30 pm at the Moses Lake Convention Center (509) 766-1416.

*We need to be able to show that family support programs work. Please participate if you can!*



## Birth to Three

### New Website



The National Center for Children in Poverty has launched a new website for child care and early education research.

It promotes high quality research and policy around child care and early

education issues and includes a 50-state data tool to compare policies within and across states. Check it out at: [www.childcarereseach.org](http://www.childcarereseach.org).

### Benefits of Early Childhood Education Report

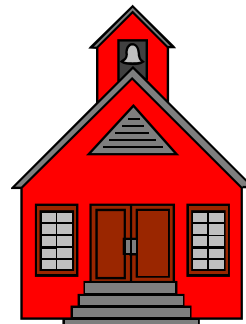
Pre-K returns about one half of its original cost in later school savings. A new report out by Dr. Clive Belfield entitled *Early Childhood Education: How Important are the Cost Savings to the School System?* describes the benefits and cost-savings of early childhood education in: reducing the incidence of special education; preventing

grade repetition; improving educational productivity; and enhancing children's well-being.

Dr. Belfield reviewed 19 published studies of early childhood education programs from around the nation and analyzed their outcomes relevant to New York State school spending.

He concluded that universal quality pre-kindergarten for 4 year-olds would later result in savings that would pay back 41% to 62% of pre-K investment. For the full study go to: [www.winningbeginningny.org](http://www.winningbeginningny.org).

*"... universal quality pre-kindergarten for 4 year-olds would later result in savings that would pay back 41% to 62% of pre-K investment."*





## Parent Education

### Help for Suddenly Single Moms

Help is on the way!  
Take a look at this new  
book by TJ Terry  
entitled: *Suddenly  
Single Mom: A  
Practical Guide to Self-  
Sufficient Survival.*

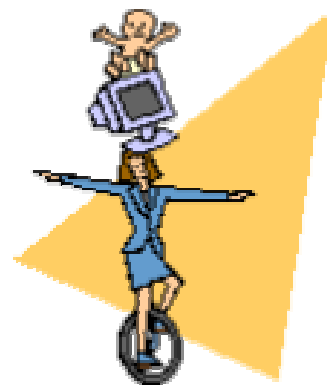
A resource for single  
mothers, it includes  
parenting tips,

budgeting and job  
resources, child care  
advice and information  
about education and  
self-care.

Available online for  
\$29.95 at  
[http://home.sprynet.co  
m/~tjterry/](http://home.sprynet.com/~tjterry/)

### Increase Your Child's Vocabulary

Have you ever wondered how to increase your child's vocabulary?  
The answer: start talking to them! According to researchers the more  
words you speak the better! For more information on this and other  
resources for parents go to: [www.talaris.org](http://www.talaris.org).



## Management and Organization Development

The United Way of  
King County has a  
variety of training  
opportunities and other  
nonprofit management  
workshops on their  
website that will be  
occurring throughout  
May and June.

They include  
“Volunteer Program  
Management 101”,  
“Measuring Fundraising  
Performance”, “It’s  
Your Turn: The Role of  
the Board Chair” and  
others. Some costs are  
associated with these  
trainings.

Go to:  
[www.uwkc.org/nonprof  
it/training](http://www.uwkc.org/nonprofit/training) for more  
information and a full  
listing of all classes and  
the dates and times they  
are offered.



Washington  
Council for  
Prevention of  
Child Abuse  
and Neglect

WCPCAN  
318 1<sup>st</sup> Ave S Suite 310  
Seattle, WA 98104

Phone:  
(206) 464-6151

Fax:  
(206) 464-6642

E-mail:  
[wpcan@dshs.wa.gov](mailto:wpcan@dshs.wa.gov)

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We're on the Web!

See us at:

[www.wpcan.wa.gov](http://www.wpcan.wa.gov)

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## Prevention

The Juvenile Justice Division of the Child Welfare League of America has gathered evidence on the connection between child maltreatment and juvenile delinquency in a recently published monograph entitled *Understanding Child Maltreatment and Juvenile Delinquency*:

*From Research to Effective Program, Practice and Systemic Solutions.*

They found from a review of other studies that some successful programs that have been implemented to break the cycle of violence include: home visitation, high quality

preschool with a home visit component, engage the family and use multisystemic therapy for serious juvenile offenders.

For the full report, go to:  
[www.cwla.org/programs/juvenilejustice/ucmjid.htm](http://www.cwla.org/programs/juvenilejustice/ucmjid.htm).

## About Our Organization...

The WCPCAN *Resource Update* contains information on training, resources, what's new at WCPCAN and announcements. This email is distributed to family resource programs currently and previously funded by WCPCAN, as well as WCPCAN members & partners. *Please be aware that the ideas and opinions expressed in the articles are those of the authors and may not represent the views of the members and staff of the Washington Council for Prevention of Child Abuse and Neglect.*

Current and archived versions are also available at: [www.wpcan.wa.gov](http://www.wpcan.wa.gov) – from the “What’s New” menu bar. If you ever have trouble opening the *Resource Update*, links, or embedded items, please contact me. Feel free to forward this to anyone who may be interested! To subscribe, unsubscribe or submit items and feedback please contact me, Tamara White at WCPCAN At: [whitetl@dshs.wa.gov](mailto:whitetl@dshs.wa.gov) or (206) 389-3298.

